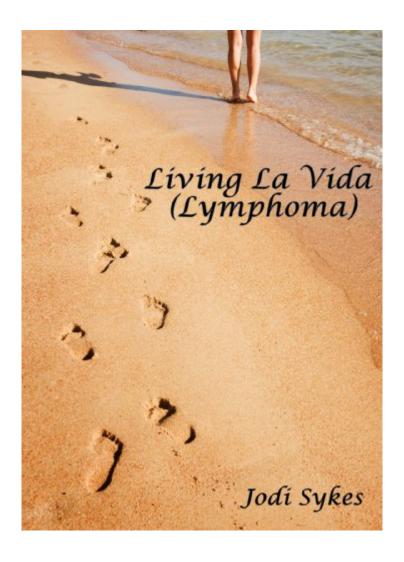


### The book was found

# Living La Vida (Lymphoma)





## **Synopsis**

"I think you have Lymphoma..."In 2009, Jodi Sykes' world spun out of control. With compassion and a sometimes twisted sense of humor, Jodi takes her readers on a Lymphoma journey that includes some childhood memories and snippets of sentimental vignettes. She offers candid looks into her treatment and life after the diagnosis. Writing became a therapeutic way for her to deal with the challenges of living with cancer and she did so in a positive, up-beat manner. She began blogging. The blog turned into this book's manuscript. Living La Vida (Lymphoma) is a "short memoir for a large life." Each passage begins with a quote and ends with an affirmation. It's about taking the time to cherish the magic that life has to offer as each day unfolds. It reflects the power of the bonds of friendship and the strength of the human spirit.

#### **Book Information**

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## **Customer Reviews**

As a fan of real-life survivor stories, I was drawn to LIVING LA VIDA (LYMPHOMA)-- Jodi Sykes'

account of her battle with an extremely rare form of cancer, SPTCL, while going through a divorce. With intimacy, depth of emotion, and crackling humor, Jodi shares how she dealt with challenge after challenge, and blow after blow--from nasty drug side-effects to the terror of not being able to afford the staggering price of health insurance to settling into a new home and living alone, for the first time in her life. Filled with uplifting affirmations and quotations, practical advice, heartwarming dog stories (yes, Jodi's darling dog, Rose, adopted from a shelter, is a vital supporting character!), and abundant encouragement, LIVING LA VIDA (LYMPHOMA) is a deeply touching, wonderfully inspiring, and highly entertaining memoir--and a testament to its author's resilience, faith, and sparkling fighting spirit!

"Living La Vida (Lymphoma)" is a very moving and inspirational journalistic style memoir from author Jodi Sykes. While going through a divorce and financial hardships, Jodi learns that she is suffering from a very rare form of lymphoma (cancer of the lymphatic system) called SPTCL (Subcutaneous panniculitis-like T cell lymphoma.) The journal-like entries are Jodi's experiences seeking treatment for SPTCL while also moving forward with her life after divorce. This book is not a downer of a read by any means, in fact, it's quite the opposite. Every entry begins with an inspirational quote that relates to the content of the entry and ends with an affirmation. Jodi's spirit, hope, love and optimism shines through on every page. It's quite an inspirational and motivational read about a remarkable woman who remains so positive through such a difficulty and adversity. I believe it's the type of attitude that can inspire anyone, regardless of the challenges they face in their own lives. Jodi embraces the beautiful moments that life can offer and the wonderful people (and animals) who enter our lives at just the right time.

Brew some tea and get comfortable in your couch as you snuggle up with this book. By the end of it, you'll be happy you got to know Jodi, some of her good friends, and her "Wild Irish Rose." Her positive and gentle spirit will lift you up. This book is for anyone who is facing a serious illness and needs a dose of positive energy. "One day per year, robins return to St. Augustine before they migrate back home." Jodi will take you through this amazing experience, and many more, reminding you to see the beauty of nature that you often forget to notice. And then she'll have you laughing as she takes you with her to her doctor's office, and exposes her derriere. Jodi lives on a higher altitude . . . she's able to hover above the emotional and financial struggles she faces. If you read between the lines, you see the tragedy that happens in a "free" country that doesn't protect citizens once they fall ill to the toxic products and environment that the government not only approves of, but

also subsidizes. Jodi never gives up on searching for the "miracle cure." After you read her book, you'll never give up searching for your "miracle cure" either.

Jodie's positive outlook on life despite dealing with real adversity from getting a diagnosis or dealing with treatment protocols of which there were none, going on while so sick, to finding funds to do so, yet refusing to yield when her heart and spirit said to differ from others opinions is an inspiration to all. Her story is not only inspiring but uplifting to help others deal with lymphoma or other cancers or just life in general with a real sense of humor. Jody has shown us how to drive on the highway of life with her faithful companion Rose and jump off the cliff of faith if need be when the road appears to come to an end...The affirmations and quotations can be reviewed over and over again for self-elightenment every day. Jody manages to find the positive in all things and she shows us how to be a grateful survivor of anything. You go girl !!!!!!!!!!

Life is full of challenges. Jodi has had more than her share. This is not the sort of book I normally read. But it was so inspiring that I read it all the way, from front cover to the end. It is terrific. I've suffered from Leukemia and recently had a bone marrow transplant While I've been recovering from that I wrote two books, one of which just came up as an e-book on Kindle this weekà Â 5 Things Women Need to Know About the Men They Date. How Jodi kept her energy and positive thoughts is beyond me. It's a terrific book, inspiring, and up-uplifting. I'm a better person for having read it. I suspect the author is a better person for having written it as well. I wish her well. She's exposed a part of her private life that has brought positive thoughts to me and has improved my life. That's more than you can ask from any book.

I am a member of the Wednesday group that Jodi joined about half way through the book. She has been an inspiration to all of us with her cheery attitude. I knew she had cancer and was recently divorced, but had no idea how serious either situation was. Her outlook to live life to the fullest is certainly a message everyone should heed. Her willingness to assist other people trying to understand medications and medical procedures is awesome. I never realized how helpful this can be until I started trying to understand my Mother's dementia. The quotes and reaffirmations may be advice we have all heard before, but it would behoove all of us to listen again and take action to turn the lemons in our lives into lemonade.

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